

# A PERSONAL ODYSSEY

The **APO LEADS** program consists of five individual modular courses of leadership development. Each of these components focuses on skills that will help the participant become a successful leader and team member in Alpha Phi Omega and in life. At the completion of the series, the participant will have a set of transferable skills that are applicable to Alpha Phi Omega, to the working world, as well as to leadership in other organizations.

The five components of the **APO LEADS** program are:

**LAUNCH** - Launching your leadership development

**EXPLORE** - Exploring your leadership strengths and potentials

**ACHIEVE** - Achieving success through teams

**DISCOVER** - Discovering personal strengths and success skills

**SERVE** - Serving the Fraternity by using management skills in your chapter

Alpha Phi Omega members completing the **APO LEADS** program will be recognized for the dedication to their own leadership development and furthering the principles of the Fraternity.

The great thing about **APO LEADS** programs is that most of them can be presented to just a chapter or at a conference (with the exception of the **SERVE**, a weekend-long summer program held at rotating locations around the country). In order to present an APO LEADS course at your chapter or conference, gather 12 (minimum) to 30 (maximum) of your closest brothers for a weekend of leadership development!

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# APO LEADS

launch | explore | achieve | discover | serve

# APO LEADS COURSES

## LAUNCH

### *Launching your leadership development*

This 3-hour introductory leadership session is the launching point in the personal odyssey of leadership development and is a prerequisite for all other APO LEADS courses.

#### Objectives:

- ◆ Increase the participants' knowledge of leadership skills and principles.
- ◆ Understand and utilize the principles of Servant Leadership and understand how it applies to Alpha Phi Omega.
- ◆ Provide active strategies that participants can use in their chapters.
- ◆ Increase participants' awareness of leadership opportunities.

#### Content Sections:

- ◆ What is leadership and what is the difference between leadership and management skills?
- ◆ What are the characteristics of a good leader?
- ◆ How do we provide leadership through the Servant Leader[1] and Servant Chapter[2] models?
- ◆ Effective communication and conflict resolution.
- ◆ Dealing with, and adapting to, change.
- ◆ Goal setting using the SMARTER method.

Once a member attends LAUNCH, he/she may take the remainder of the APO LEADS courses in any order. Courses may also be repeated as a refresher or to obtain a deeper understanding of the leadership concepts.

### Request a Program Today!

[http://www.apo.org/show/National\\_Programs/Leadership/APO\\_LEADS](http://www.apo.org/show/National_Programs/Leadership/APO_LEADS)

## EXPLORE

### *Exploring personal leadership strengths & potential*

Presented as a full-day (six-hour) session, EXPLORE provides an opportunity to expand a participant's personal odyssey into leadership development by increasing an understanding of individual leadership skills. EXPLORE will cover::

- ◆ Leadership values and qualities
- ◆ Situational leadership
- ◆ An in-depth view of ethics, morals, and values
- ◆ Effective problem solving
- ◆ Conflict, factors leading to conflict and how to resolve conflict effectively

## ACHIEVE

### *Achieving success through teams*

This 3-hour session focuses on the interaction of members in the chapter, the leaders and the factors that lead to team success. Utilizing a mixture of interactive exercises and discussion, ACHIEVE takes the participants through a learning process that energizes, empowers and recognizes teams. ACHIEVE centers on skill development on the Team Achievements model (©Career Dimensions 1996) and celebrating success. This workshop includes:

- ◆ What is a team?
- ◆ Being a good follower
- ◆ Understanding team dynamics
- ◆ Resolving conflicts within teams
- ◆ Knowing the roles people may play in a team
- ◆ Respecting the utilizing the diversity of a team
- ◆ Sharing leadership
- ◆ Celebrating individual and team success

## DISCOVER

### *Discovering personal strengths & success skills*

Identifying some of the personal success strategies that leaders utilize is the focus of this 3-hour session. DISCOVER will be an opportunity to look at oneself, concentrating on personal strengths and developing a plan for continued personal and professional success while considering:

- ◆ Personality styles and their interactions
- ◆ Assertive communication techniques
- ◆ Personal time management
- ◆ Stress recognition
- ◆ Motivation of followers

## SERVE

### *Serving the Fraternity by using management skills in your chapter*

SERVE is a weekend experience giving participants an opportunity to learn strategies and skills needed to operate a chapter. Participants will network with others who are charged with the daily operational needs of the chapter. The strategies and skills in SERVE will help participants succeed in their odyssey. Topics may include:

- ◆ Project management strategies
- ◆ Delegation of tasks
- ◆ Meeting management approaches

### For More Information about SERVE:

[https://www.apo.org/show/National\\_Programs/Leadership/APO\\_LEADS](https://www.apo.org/show/National_Programs/Leadership/APO_LEADS) (then click on SERVE)

### Register For SERVE:

[https://www.apo.org/show/National\\_Programs/Leadership/APO\\_LEADS/Serve\\_Registration](https://www.apo.org/show/National_Programs/Leadership/APO_LEADS/Serve_Registration)

To request an APO LEADS course for presentation to a chapter or at an event a chapter is hosting, use the APO LEADS request form at [www.apo.org](http://www.apo.org). Students involved with planning the event should be the ones to submit the request. The requests will be received at the National Office and forwarded to the appropriate course coordinator. We will do our best to fill every request; however, it is dependant on the availability of the presenter(s).

1. Servant Leadership is copyrighted by the Greenleaf Center for Servant Leadership.

2. The Servant Chapter Model is adapted from Jim Laub's copyrighted Servant Organization Model.