

A Personal Odyssey

Launching your leadership development,

Exploring personal leadership strengths and potentials

Achieving success through teams,

Discovering personal strengths and skills,

Serving the Fraternity by using management skills in your chapter

Alpha Phi Omega members completing the **APO LEADS** program will be recognized for the dedication to their own leadership development and furthering the principles of the Fraternity.

For more information about **APO LEADS** courses or to find out where a course is being offered near you go to:

www.leadership.apo.org

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National Service Fraternity

The
National Leadership Development Program of

APO LEADS

launch | explore | achieve | discover | serve

LEADS COURSES

LAUNCH: *launching your leadership development*

This 3-hour introductory leadership session is the launching point in the personal odyssey of leadership development and is a prerequisite session for the other courses. LAUNCH has participants examine:

- What is leadership?
- Leadership vs. management
- What are characteristics of a good leader?
- How we provide leadership through the Servant Leader and Chapter models
- Organizational support of leadership
- Effective communication
- Conflict resolution
- Dealing with change
- Goal setting using the SMARTER model

EXPLORE: *exploring personal leadership strengths and potential*

Presented as a full-day (six hour) session, EXPLORE provides an opportunity to expand your personal odyssey into leadership development by increasing your understanding of individual leadership skills. EXPLORE will cover:

- Leadership values and qualities
- Situational Leadership
- An in depth view of Ethics, Morals and Values
- Effective problem solving
- Conflict, factors leading to conflict and how to resolve conflict effectively

ACHIEVE: *achieving success through teams*

This 3-hour session focuses on the interaction of members in the chapter, the leaders and the factors that lead to team success. Utilizing a mixture of interactive exercises and discussion, ACHIEVE takes the participants through a learning process that energizes, empowers and recognizes teams. ACHIEVE centers skill development on the Team Achievements model (© Career Dimensions 1996) and celebrating success. This workshop includes:

- What is a team?
- Being a good follower
- Understanding team dynamics
- Resolving conflicts within teams
- Knowing the roles people may play in a team
- Respecting and utilizing the diversity of a team
- Utilizing effective skills for team achievements
- Sharing leadership
- Celebrating individual and team success

DISCOVER: *discovering personal strengths and success skills*

Identifying some of the personal success strategies that leaders utilize is the focus of this 3-hour session. DISCOVER will be an opportunity to look at yourself, concentrating on your personal strengths and developing a plan for continued personal and professional success while considering:

- Personality Styles and their Interactions
- Assertive Communication techniques
- Personal Time Management
- Stress Recognition
- Motivation of followers

SERVE: *serving the Fraternity by using management skills in your chapter*

SERVE will be a weekend experience giving participants an opportunity to learn strategies and skills needed to operate a chapter. Participants will network with others who are charged with the daily operational needs of the chapter. The strategies and skills presented in SERVE will help participants succeed in their odyssey. Topics may include:

- Project Management Strategies
- Delegation of tasks
- Meeting Management Approaches
- Chapter Marketing and Promotion
- Friendship & Brotherhood Development

Once a member attends a LAUNCH, they may take the remainder of the **APO LEADS** courses in any order.

Courses may be repeated as a refresher or to obtain a deeper understanding of the leadership concepts

To request an **APO LEADS** course to be presented to your chapter or at an event your chapter is hosting, use the **APO LEADS** website. Students involved with planning the event should be the ones to submit the request. The requests will be received at the national office and forwarded to the appropriate course coordinator. We will do our best to try to fill every request, however, it is dependent on the availability of staff.

www.leadership.apo.org/request.html